

For the love of mutual respect and ultimate success - whatever that may mean to you in the various stages of your life.

Ten Tips for Living the Golden Rule

Lisa Dennie, The Marrek Group

A concept that keeps coming up over the last two weeks, has been living the Golden Rule. A participant in one of my workshops said, "If everyone would just treat other people as they would like to be treated, everything would work out a lot better!"

Then I realized, when we talk about the skills necessary for getting along with others and for getting work done, these skills are always based on treating each other well so we can co-operate and work together. In the fast-paced world in which we find ourselves, the values of common sense, common courtesy and common decency tend to slide as everyone rushes around trying to get more done while accomplishing less.

The Tao Te Ching (dow de ching), an ancient teaching from over 25 centuries ago, offers these great words of wisdom "Accomplish more by doing less". That doesn't mean that we are not productive. In fact, it means quite the opposite. It means that the way in which we spend our energy is thoughtful, planned and reflective. It means that we work with others and encourage them to work with us based upon strong relationships of trust and dependability.

As Audie (Audie McCarthy, President of The Marrek Group) says, "Increasing profitability and the success of a business is dependent on the ability to communicate and treat people well, both the people within the organization and its customers." It is not how much you do, but how well you treat others to get things done together that helps you reach your goals.

As part of your plan to reach new heights in 2008, remember to include the relationships you need to build and strengthen to reach your goals.

Tips for Living the Golden Rule – "Do Unto Others"

- Decide which values are most important to you and live by them.
- Base your goals on your deepest beliefs, values and passions.
- Once your values are set, follow them and decisions are easy.
- Always keep in mind the needs of others when planning your work.
- Recognize the differences between people and treat them accordingly.
- Find out what others want and need.
- Meet people at their needs, not yours.
- Take every opportunity to praise and recognize others' efforts.
- If you make a mistake, apologize.
- Treat everyone well and favour will be returned to you tenfold!

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